Urinary Incontinence May Have Negative Effects on Sexual Health

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The study included information from 3,805 individuals in the English Longitudinal Study of Ageing (ELSA), a population-representative panel survey of ageing, retirement, and health in middle-aged and older men and women living in England. Twenty percent of women and seven percent of men reported any urinary incontinence in the last 12 months.

“Our findings highlight strong links between urinary incontinence and a number of negative outcomes regarding sexual health. Both urinary incontinence and later-life sexuality remain taboo subjects in society and are likely to be under-reported as coexisting health problems,” said lead author Dr. David Lee, of Manchester Metropolitan University, in the U.K. “Given the relatively high occurrence of incontinence, particularly among women, healthcare professionals should be aware of the potential impacts on quality-of-life and well-being, and recognise that sexual activity and satisfaction are key factors in this equation.”

Additional Information


About Journal

BJUI is one of the most highly respected medical journals in the world, with a truly international range of published papers and appeal. Every issue gives invaluable practical information in the form of original articles, reviews, comments, surgical education articles, and translational science articles in the field of urology. BJUI employs topical sections, and is in full colour, making it easier to browse or search for something specific.

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