Research Reveals Risk Factors for Urgency Urinary Incontinence

Release Date:
Wednesday, March 7, 2018 12:01 am EST

Terms:
BJU International  Wiley Research Headlines  Health Sciences

Dateline City:
Hoboken, NJ

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In a large representative British population of individuals in their late 60s, the prevalence of urinary incontinence was 15% in men and 54% in women. In the BJU International analysis, urgency urinary incontinence (UUI) was the most common subtype in men, while there were similar proportions of UUI and stress urinary incontinence in women.

Female sex, previous stroke or transient ischaemic attack diagnosis, and increased BMI were risk factors for UUI. Hypertension was also a risk factor in men only.

“Although higher BMI was known to contribute to UUI, our findings suggest this may be related to vascular risk factors, in addition to the mechanical contributions of increased body mass,” said lead author Dr. Alex Tsui, of University College London, in the UK. “Our results also seem to support more severe UUI symptoms to be a distinct disease entity from milder UUI.”

Additional Information


About Journal

BJUI is one of the most highly respected medical journals in the world, with a truly international range of published papers and appeal. Every issue gives invaluable practical information in the form of original articles, reviews, comments, surgical education articles, and translational science articles in the field of urology. BJUI employs topical sections, and is in full colour, making it easier to browse or search for something specific.

Language:
English