How to Talk to Absolutely Anyone: Confident Communication for Work, Life & Relationships

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Become a Confident Communicator and Get the Life You Want

Any conversation can be the start of something new, so how can a wallflower get ahead?

It's completely natural to feel nervous talking to other people, but communication is key in all areas of life. Networking can build a career, and even personal relationships involve difficult conversations. In removing social hesitance, you open up a whole new world of effective communication, and can begin building the relationships that get you closer to your goals.

In How to Talk to Absolutely Anyone, author and personal mentor Mark Rhodes explains to readers how they can overcome the obstacles holding them back and awaken the conversation starter within.

Whether they fear judgement and rejection or just don't know what to say, the simple exercises Rhodes provides will equip users with a gold mine of social tools to get them through any situation.

This second edition includes a new ’31 Day “Zero To Hero” Talk To Absolutely Anyone Plan’ and illustrates how to:

- Be confident in both business and social situations
- Strike up a conversation with anyone, anywhere
- Make a connection and make yourself understood
- Avoid common pitfalls and communication mistakes
- Broach even difficult topics with clarity and grace

For those who let fear and anxiety keep them in the shadows, How to Talk to Absolutely Anyone provides the confidence needed to step out into the light and make themselves heard.

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How to Talk to Absolutely Anyone, second edition by Mark Rhodes is published by Capstone, priced £10.99.

About the author:

Mark Rhodes is an entrepreneur, mentor, international speaker and trainer in success who shows people how to massively improve their results with little or no extra effort. He is also the author of Think Your Way to Success, published in 2012 by Wiley.

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