Academic Performance Predicts Risk of Suicide Attempt

In a recent *Acta Psychiatrica Scandinavica* study, poor academic performance, measured as grade point average (GPA) at age 16, was a robust and strong predictor of suicide attempt up to middle age.

For the study, researchers followed 26,315 Swedish girls and boys up to maximum 46 years of age. After controlling for potential confounding factors including childhood IQ, those in the lowest GPA quartile had a near five-fold higher risk of suicide attempt than those in the highest quartile.

“This is a highly elevated risk, and it is remarkable that it reaches far into adulthood. We would however need to know more to identify helpful interventions—for example, is school failure in itself a risk factor, or is poor performance rather an indicator of vulnerability?” said lead author Dr. Alma Sorberg Wallin, of the Karolinska Institutet, in Stockholm, Sweden.

**Additional Information**


About Journal

*Acta Psychiatrica Scandinavica* acts as an international forum for the dissemination of information advancing the science and practice of psychiatry. In particular we focus on ‘translating’ frontline research into useful updating information for the benefit of clinical psychiatry and clinical psychiatric research. Also *translational neuroscience* research is a topic of growing importance to our readers.

*Acta Psychiatrica Scandinavica* publishes high-quality, scientific articles in English, representing clinical and experimental work in psychiatry. Original articles are welcomed, especially those that bring new knowledge or extend the present understanding of mental disorders. Equal priority is given to review articles/meta-analyses and clinical overview articles.

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