Men Lacking a Caregiver Face a Greater Risk of Being Placed in a Nursing Home after Stroke

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For the analysis, researcher examined data from Medicare claims from 2003-2013 and interview results from the REasons for Geographic and Racial Differences in Stroke (REGARDS) study.

The findings suggest that clinicians should remain cognizant of the important role caregivers play in helping older adults remain independent.

“Our research highlights older adults as being vulnerable to the loss of independent living if they cannot identify anyone to care for them,” said lead author Dr. Justin Blackburn, of the University of Alabama at Birmingham. “This is particularly true for older men, who may be unable to access or reluctant to use formal services delivered within their home or community.”

Additional Information


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